



RESILIENT RAINBOW HEALING

Helpful Resources

Learn what local resources you have such as affirmative doctors, organizations, support groups and pride centers

Groups:

<https://pflag.org/>

<https://www.glaad.org/resourcelist>

<https://www.lgbthotline.org/>

<https://www.lgbtcenters.org/>

Websites:

<https://www.glsen.org/resources/virtual-resources>

<https://www.thetrevorproject.org/resources/>

<https://www.sageusa.org/>

<https://itgetsbetter.org/>

Books:

[Pink Therapy](#)

By: Dominic Davies and Charles Neal

[The Modern Clinician's Guide to Working with LGBTQ+ Clients: The Inclusive Psychotherapist](#)

By: Margaret Nichols

[A Clinician's Guide to Gender-Affirming Care: Working with Transgender and Gender Nonconforming Clients](#)

By: Sand C. Chang, Anneliese A. Singh and lore m. dickey

Online Resources:

<https://www.apa.org/practice/guidelines/glbtpdf>

<https://www.genderbread.org/>

<https://transstudent.org/gender/>



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Art Therapy Specific Resources:

[Art Therapy with Transgender and Gender-Expansive Children and Teenagers](#)

By: Kelly Darke and Shannon Scott-Miller

[Creative Arts Therapies and the LGBTQ Community](#)

By: Biana MacWilliam, Brian T Harris, Dana George Trottier and Kristin Long

[Gender Issues in Art Therapy](#)

By: Susan Hogan

Articles within the *Art Therapy: The Journal of the American Art Therapy Association*:

- Message of Acceptance: "Gay-Friendly" Art Therapy for Homosexual Clients
- Becoming Visible: An Art Therapy Support Group for isolated Low-Income lesbians
- Coming Out Through Art: A Review of Art Therapy with LGBT Clients